



14<sup>th</sup> July 2021

Dear Year 4 and Year 5 Parents/Carers

### **Re: Swimming Lessons**

Assalamu Alaikum

I hope this letter reaches you in good health and strong Imaan.

We will restart swimming lessons in September, insha'Allah, and Year 4 and Year 5 will have weekly swimming lessons. The lessons will be on Wednesdays between 9:20am and 10am; the first lesson is scheduled for Wednesday 15<sup>th</sup> September.

Pupils will walk to **Withington Leisure Centre** and will be accompanied by three members of staff. All the lessons will be delivered by trained staff from the leisure centre.

Boys and girls from the two classes have been segregated into gender groups and combined. The swimming lessons will commence with the *girls' group for the first block* of sessions and the second block of sessions will be for the boys. Boys and girls will have an uninterrupted block of sessions as recommended by the swimming instructors. The group that remains in school will have a games/ P.E lesson, i.e. during the Autumn Term and part of the Spring Term the boys will have P.E/games.

The girls should wear modest swimwear that is tightly fitting e.g. swimming costume with cycling shorts (see attached). They also must wear a swimming cap and we advise parents to please tie long hair in a bun or plait so it fits comfortably into the swimming cap and does not get wet. Girls are not allowed to wear earrings on swimming days (see attached). They should also must bring in a towel to dry themselves before changing back into their uniform.

Pupils must come to school in their uniform and bring their swimming kit in a backpack; the kit will be wet after the session, it is best to place it into a carrier bag which then is put into the backpack. As the lesson is first thing in the morning, girls may decide to wear their swimming costume underneath the uniform so they can get changed more quickly. If that's the case do not forget to pack vital undergarments 😊!

Once the weather gets colder, girls must wear a coat and we strongly recommend that they also wear a hat (even if they wear hijab) to keep them warm on the way back.





**Executive Head:** Mrs M. Mohamed BSC.HONS, LPSH, PGCE, PG.DIP

**Head Teacher:** Mrs D. Ghafori

Please note that swimming is part of the P.E Curriculum, swimming lessons for pupils are compulsory; MMPS covers the cost for all swimming sessions.

Attached is information from Withington Leisure Centre.

- MCRactive Parent Letter 2021-22
- School Swimming Risk Assessment
- Permission Slip\*

*\*Copy of reply slip sent home with the Summer Activity Pack*

Please return the permission slip to your child's class teacher your child in September. We would be grateful if parents can return the reply slip in September and hand it to their class teachers.

Kind regards

Wasalaam

D. Ghafori  
**Head Teacher**

