



23rd September 2021

Dear Parents / Carers,

Next week is 'Walk to School Week. This is a national event which will run from 5-9th October encouraging children to get more active. Walking is good for the environment, the body and for positive mental health.

We are asking all our pupils to **leave the car at home** and walk/ cycle/scooter to school as many times as possible next week.

We do understand that many of our parents do not live locally and need to travel in by car. If that is the case, next week we encourage you to park further away from school and walk for at least 10 minutes of the journey into school.

Rewards and stickers will be given to those children walking/cycling and there will be an extra prize for the class with the highest percentage of active journeys.

We hope that you will support us.

Jazak'Allah khair

Wasalam

Mrs I. Chaudhry

SLT/SMSC Lead

