



16th December 2021

Executive Head: Mrs M. Mohamed BSC.HONS, LPSH, PGCE, PG.DIP

Head Teacher: Mrs D. Ghafari

Dear Year 4 and Year 5 Parents/Carers

Re: Swimming Lessons

Assalamu Alaikum.

I hope this letter reaches you in good health and strong Imaan.

We will continue our weekly swimming lessons in January, insha'Allah for Year 4 and Year 5. The lessons will continue on Wednesdays between 9:20am and 10am; the first lesson is scheduled for Wednesday 12th January.

Pupils will walk to **Withington Leisure Centre** and will be accompanied by three members of staff. All the lessons will be delivered by trained staff from the leisure centre.

As per last term, boys and girls from the two classes have been segregated into gender groups and combined. The swimming lessons will recommence with the girls' group for the first few sessions and the second block of sessions will be for the boys. Boys and girls will have an uninterrupted block of sessions as recommended by the swimming instructors. The group that remains in school will have a games/P.E lesson, i.e. during the Spring Term the boys will have games/P.E for the first few weeks and then the girls.

The girls have three more sessions and have their last session on Wednesday 26th January and the boys sessions will commence on Wednesday 2nd February.

Pupils must come to school in their uniform and bring their swimming kit in a backpack; the kit will be wet after the session, it is best to place it into a carrier bag which then is put into the backpack. As the lesson is first thing in the morning, pupils may decide to wear their swimwear underneath the uniform so they can get changed more quickly. If that's the case do not forget to pack vital undergarments ☺!

As the weather is cold, pupils must wear a coat and we strongly recommend that they also wear a hat to keep them warm on the way back.

Boys are required to wear a pair of traditional swimming trunks. No Bermuda or long shorts are allowed, as these can be dangerous. For reasons of safety, the swimwear should be sufficiently tight fitting to allow the freedom of body and limb movement without causing unsafe water resistance (guidance from AfPE (Association for Physical Education) Safe Practice in Physical Education and Sport and Swim England (National Governing Body for Swimming)). A swimming hat is required to be worn if hair covers the eyes or any airway. Pupils must also bring in their own towel.





Please note that swimming is part of the P.E Curriculum, swimming lessons for pupils are compulsory; MMPS covers the cost for all swimming sessions.

Attached is information from Withington Leisure Centre.

- MCRactive Parent Letter 2021-22
 - School Swimming Risk Assessment
 - Permission Slip*
- *A hard copy has been handed to the boys*

All boys must return the permission slip to your child's class teacher your child by Friday 7th January.

Jazak'Allah khair

Kind regards

Wasalaam

D. Ghafari
Head Teacher

