



12th January 2022

Dear Parent/Carer

Re: Growing Up Talk

Assalamu alaikom.

We hope this letter reaches you in the best of health and Imaan.

As part of learning in PSHE and Islamic Studies, **Year 6** will be having a talk on 'Changes approaching Adolescence' on Friday 28th January 2022. Topics covered will be:

- Changes to the body in puberty
- Personal Hygiene
- Islamic responsibilities
- Boy/Girl relationships

The girls and boys will have separate sessions. The **girls only** session will be delivered by Dr Umtulkhair Sajjad, who has delivered the session previously in school. The **boys only** session will be with Mr Badenjki.

If you have any questions please contact myself or Mrs Fiaz.

Thank you for your support.

Jazak'Allah khair

Kind regards

Mrs I. Chaudhry
Senior Leadership Team/ SMSC Lead

Mrs N. Fiaz
Year 6 Teacher

