



17<sup>th</sup> March 2022

Executive Head: Mrs M. Mohamed BSC.HONS, LPSH, PGCE, PG.DIP

Head Teacher: Mrs D. Ghafari

Dear Parents/Carers,

**Re: Warn and Inform – Nursery**

Assalamu alaikom

I hope this email finds you in good health and strong Imaan.

I have just been informed that a pupil in Nursery has tested positive for COVID-19.

The information below is from Manchester Public Health. **Please pay particular attention to the 'wider symptoms' section.**

We continue to be vigilant and pray that Allah swt protects everyone from harm and gives shifa to those affected.

Kind regards

Wasalaam,

D. Ghafari  
**Head Teacher**





In line with the national guidance, children aged under 18 years and 6 months are no longer required to self-isolate if they are a close contact of someone who has tested positive for COVID-19.

Your child and other members of your household can continue normal activities provided your child does not develop symptoms.

*Your child may have been in contact with the positive case.* Children who are aged under 5 years old who are identified as **close contacts** will only be advised to take a PCR test if the positive case is in their own household.

LFD test kits can be obtained from your local chemist, online at <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests> or call 119. If you have problems accessing LFD tests, please contact your school.

Tests can be booked via <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested> or by calling 119.

### What to do if your child develops symptoms of COVID-19

If your child develops symptoms of COVID-19, they must isolate and you should arrange a PCR test for your child via [Get tested for coronavirus \(COVID-19\) - NHS \(www.nhs.uk\)](https://www.nhs.uk/get-tested/coronavirus/covid-19/)

If the test result is positive, your child will be required to self-isolate for a period of 10 days from the day that their symptoms started. Please inform us if your child has a positive test result.

Your child has the option to **reduce their isolation period after 5 full days if they test negative with a lateral flow device (LFD) test on both day 5 and day 6** and they do not have a temperature. For example, if they test negative on the morning of day 5 and the morning of day 6, they can return to their education or childcare setting immediately on day 6.

The **first test must be taken no earlier than day 5** of the self-isolation period, and the second must be taken the following day. All test results should be [reported to NHS Test and Trace](#). See attached guidance.

If the result of either of their tests is positive, they should continue to self-isolate until they get negative results from two LFD tests on consecutive days or until they have completed 10 full days of self-isolation, whichever is earliest.

### Symptoms of COVID-19

If you or someone in your household develops symptoms of Covid-19, isolate and access a PCR test. The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or;
- high temperature and/or;
- a loss of, or change in, normal sense of taste or smell (anosmia).

However, people **frequently present with a wider range of symptoms**. If you or your child have wider symptoms, you can register for a PCR test online at [www.nhs.uk/coronavirus](https://www.nhs.uk/coronavirus) and tick the box that says your local authority asked you to take a test. Or ring 119 and say the same thing to book a test.





**Wider symptoms include:**

- Blocked or runny nose
- Headache
- Fatigue, muscle or full body aches
- Sneezing
- Diarrhoea
- Sore throat
- Sickness or vomiting




If you or your child feel newly unwell with Covid-19 symptoms, then please access a PCR test. For many people, coronavirus (COVID-19) will be a mild illness. If in doubt take a test.





**COVID-19 (coronavirus) absence:  
A quick guide for parents/  
carers of children aged under 5 yrs**

**GREATER MANCHESTER**  
DOING THINGS DIFFERENTLY






What to do if...	Action needed	Back to settings
 <p>...my child has COVID-19 (coronavirus) symptoms*</p>	<ul style="list-style-type: none"> <li>Child shouldn't attend early years settings</li> <li>Child should get a PCR test</li> <li>Inform settings of reason for child's absence</li> </ul>	<p>... if the child's test comes back negative provided they have been fever free for the 48 hours before returning to settings, and feel well</p>
 <p>...my child tests positive for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> <li>Child shouldn't attend setting</li> <li>Child is advised to self-isolate for up to 10 days** from when symptoms* started (or from day of test if no symptoms)</li> <li>Inform setting about test results when reporting child's absence</li> <li><b>Household members are advised to should take the following precautions:</b> Minimise contact with case if possible. Work from home if able to do so. Avoid contact with anyone who is at a higher risk of becoming severely unwell if infected. Limit close contact with other people outside the household. Wear a face covering in crowded, enclosed or poorly ventilated spaces where you are in contact with other people.***</li> <li>If you develop symptoms, isolate and take a PCR test.</li> <li>Follow this advice for 10 days after the day the case started with symptoms</li> </ul>	<p>...after 10 days, or after two negative lateral flow tests taken on consecutive days on the 5<sup>th</sup> and 6<sup>th</sup> complete day of self isolation or later** They can return to settings after 10 days (or 2 negative tests) even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone. Children must have been fever free for 48 hours and feel well before returning.</p>
 <p>...somebody in my household has COVID-19 (coronavirus) symptoms*</p>	<ul style="list-style-type: none"> <li>Household member with symptoms isolates and should get a PCR test</li> <li>Household contacts are advised to follow the advice above***</li> </ul>	<p>...your child can attend settings as long as they don't have COVID-19 symptoms*</p>

\*Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste. See more at: [nhs.uk/conditions/coronavirus-covid-19/symptoms](https://nhs.uk/conditions/coronavirus-covid-19/symptoms)

\*\*See overleaf for worked example of calculating isolation periods after a positive test





Isolation for cases lasts <b>at least 5 full days</b>											
Day Zero	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	
Day zero is the day symptoms* started or the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero					Negative LFD 1	Negative LFD 2	You can leave self isolation on day 6 or later if you test negative 2 days in a row.				
What to do if...			Action needed				Back to settings..				
 <p>...somebody in my household has tested positive for COVID-19 (coronavirus)</p>			<ul style="list-style-type: none"> <li>The person who has tested positive is advised to self-isolate for up to 10 days** from when symptoms* started (or from day of test if no symptoms)</li> <li>Household members should follow the advice above.***</li> </ul>				<p>...your child can attend settings as long as they don't have COVID-19 symptoms* and have not tested positive</p> <p><b>Positive household members are advised not to drop off or collect children from school during self isolating period .</b></p>				
 <p>...we / my child has travelled from abroad</p>			<ul style="list-style-type: none"> <li>Consider FCO advice when booking travel and review this before departure and return</li> <li>Provide information to settings as per attendance policy</li> </ul> <p><b>Depending on where you are travelling to, there may be requirement for you and your child to be vaccinated, isolate and/ or test.</b></p> <p><b>For full guidance on travel advice, please visit:</b>  <a href="https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers">gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers</a></p>								
 <p>...my child was shielding</p>			<ul style="list-style-type: none"> <li>Shielding has been paused, and there are no children are currently considered to be clinically extremely vulnerable to COVID-19</li> <li>Child can attend settings unless advised by a medical consultant, this is an individual risk assessment</li> </ul>								
 <p>...I am not sure who should get a test for COVID -19 (coronavirus)</p>			<ul style="list-style-type: none"> <li>People with symptoms*</li> </ul>				<p>...when conditions on previous page, as matching your situation, are met</p>				
 <p>...I am not sure who should not get a test for COVID -19 (coronavirus)</p>			<ul style="list-style-type: none"> <li>People have tested positive on a PCR test, should not test again for 90 days unless new symptoms develop</li> </ul>								
<p><b>***COVID-19: people with COVID-19 and their contacts - GOV.UK. If anyone in your household has symptoms*, book a free COVID-19 test at <a href="https://nhs.uk/coronavirus">nhs.uk/coronavirus</a> or call <b>119</b>. For further information visit <a href="https://www.gov.uk/backtoschool">gov.uk/backtoschool</a></b></p>											

Version 2. Document updated with latest national advice on 04/03/2022

