



15th July 2022

Executive Head: Mrs M. Mohamed BSC.HONS, LPSH, PGCE, PG.DIP

Head Teacher: Mrs D. Ghafari

Dear Parents/Carers

Re: Extreme Heat Advice

Assalamu alaikom

The Met office has issued an amber warning as very hot weather is expected from Sunday until and including Tuesday.

During a heatwave it is important that everyone stays safe, drinks plenty of water and avoids being exposed to the sun for too long – especially children who cannot control their body temperature as efficiently as adults during hot weather as they do not sweat as much.

We therefore ask you to:

- Make sure your child/ren wear loose, light-coloured clothing and sunhats/caps with wide brims
 - Children ***do not need to wear school uniform on Monday and Tuesday***
- **Apply sunscreen** before coming to school
- Send your child/ren to school with a refillable water bottle
- Think about packed lunch, avoid meat/fish or anything that could be unsafe in the heat

We will ensure that pupils drink plenty of water throughout the day, avoid vigorous, physical activities and are not exposed to the sun if temperatures are too high.

Should there be any changes / updates an email or text message will be sent to parents.

Information regarding dress code for Thursday's Presentation Evening will be sent closer to the time, insha'Allah.

Jazak'Allah khair for your support.

Wasalaam

D. Ghafari
Head Teacher

